



# NEWSLETTER

**Woodlands**  
Primary School

News Updates from Woodlands Primary School  
**READY — RESPECTFUL — SAFE**

**13th Dec 2024**

**LUNCH MENU: 3**

**Quick Links:**

[Woodlands Menus](#)

[Term Dates](#)

**Reminders:**

### **SNACKS & WATER**

Further to our emailed reminder earlier this week, can we please ask that children are sent in with a healthy snack option. This is more for our Junior children as the EYFS and KS1 children are provided with fruit each day.

We also remind you that children should bring in a water bottle each day and that it should **ONLY** contain water, unless prior agreement has been given for children with special dietary needs.

### **Hope Farm Library Car Park**

Following some recent issues, we have had a request from Hope Farm Library that our Parents/Carers do not use their car park. The Library only have limited spaces and they are for the use of their customers only.  
Thank you.

### **Woodlands Christmas Lunch**

**Wednesday 18th December 2024**

#### ***Traditional Roast Turkey***

*with stuffing, chipolata, mixed veg,  
roasted & mashed potatoes & gravy  
(Vegetarian option available)*

#### ***Jacket Potato***

*Served with either Beans, Tuna Mayo or Cheese*

*Followed by*

#### ***A Festive Biscuit***

*Served with Water.*

Reception and KS1 meals are FREE. Nursery, Pre-School and KS2 meals cost £2.90 and can be paid online via your ParentPay account. This menu will run in place of the usual menu. There is no need to pre book as children will make their choice in class, on the day.

Allergies will be catered for and alternatives provided.

# Sweets for Stories



Pre-made pic-n-mix sweet bags



When: Thursday 19<sup>th</sup> December 2024  
at 3:20pm

Where: Junior Playground

The funds raised will be used to  
purchase fantastic KS1 and EYFS stories from  
our recommended reading lists.





Woodlands Primary School



# Online Safety Newsletter

Dec 2024

## Talkie AI App

This app is rated as 17+ by the App store and 12+ by Google Play.

Talkie is an AI chatbot app. Users can use the app to create and interact with AI characters.

You should also be aware that this app includes in app purchases ranging from £4.99 - £49.99.

Talkie does offer a Teenager Mode; however, the content still may not be appropriate for your child. Bark reviews this app here, and recommend that your child should not be using this app:

<https://www.bark.us/app-reviews/apps/talkie-app-review>

## Tips to help you talk about cyberbullying

Internet Matters have collated their tips to help you talk about cyberbullying with your child based on different age categories. The information is divided into four sections:

1. Before you start the conversation
2. Things to talk to them about such as how to deal with cyberbullying
3. What to do next
4. Where to get further help

<https://www.internetmatters.org/issues/cyberbullying/cyberbullying-conversation-starter-guide>

## New Technology

With Christmas nearly here and with some children receiving new technology or related games, here is a quick reminder of the importance of setting up appropriate parental controls.

### Games/Consoles

- Check age ratings: look at the PEGI rating of any new games.

- Remember, PEGI rates the gameplay so whilst it is important to review age ratings, you must also check to see if it has any communication elements.

- If a game does allow your child to communicate with others, then adjust or disable the settings as appropriate to your child.

- On the device itself, set up applicable controls such as restricting spending limits and managing who they can communicate with. Follow the links below to find out how to set up Parental Controls for some devices here:

Xbox: <https://www.xbox.com/en-GB/family-hub>

PS5: <https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/>

Nintendo Switch: <https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html>

### Tablets/Smart phones

Set up parental controls on the device to prevent purchases, restrict content viewed and adjust privacy settings. Furthermore, remember to check any apps your child requests to check that they are suitable for their age. Follow the links below to find out more:

iPhones/iPad: <https://support.apple.com/en-gb/105121>

Android Device: <https://support.google.com/googleplay/answer/1075738>

### Why is it important?

Parental controls are important to help provide a safer experience for your child by reducing/preventing access to inappropriate content, cyberbullying, communication with strangers and restricting purchases.

### Further information

You can find out more about parental controls here:

<https://www.childnet.com/help-and-advice/parental-controls/>



# Roblox

You may have seen the recent investigation about Roblox by Hindenburg, which highlights very worrying concerns about the content that can be seen on Roblox, even when users have listed their age as under 13. You can read the full report here: <https://hindenburgresearch.com/roblox/>

## What is Roblox?

Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. A lot of the content is user generated, which may mean not all games will be suitable for your child to view/play. If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls.

PEGI rate Roblox with a Parental Guidance label, this is because it is difficult to rate due to the huge level of user generated content.

## What should I be aware of?

**Game content** – as mentioned, users create games so the content/themes may not be appropriate for your child.

**Chat Facility** - Players can chat to each other. You can turn communication off completely or add restrictions, such as only communicate with friends.

**Virtual Currency** - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories.

## Age Categories

This article discusses the difference in accounts based on age (under age 13 and aged 13 – 17):

<https://en.help.roblox.com/hc/en-us/articles/30428367965460-What-happens-as-I-get-older-on-Roblox>

## Roblox accounts with Parental privileges - NEW

Roblox have just launched a new system to manage your child's experience on Roblox through 'Roblox accounts with parent privileges.' The new format allows you to view and update parental controls from your own device. Controls include setting content restrictions, managing screen time and setting a spending limit. You can find out more here:

<https://en.help.roblox.com/hc/en-us/articles/30428248050068-Parental-Controls-FAQ>

## Content Labels - NEW

Roblox have begun labeling experiences based on the type of content rather than by age. You can set limits on which content labels are accessible in parental controls. The labels are Minimal, Mild, Moderate and Restricted. You can find descriptions of each here:

<https://en.help.roblox.com/hc/en-us/articles/30428310121620-Parental-Controls-Overview>

## How do I report abuse and block users?

This article outlines the different reporting facilities:

<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-Report-Rule-Violations>

## What else can I do?

Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.

## Positively online

The NSPCC have published six tips to help you improve your family's online wellbeing. They also provide you with a guide on how to talk to your child about what they are doing online as well as a quiz that you can play together. You can find out more here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/positively-online/>

## The 'Add Everyone' Explicit WhatsApp Group

The INEQE Safeguarding group have issued an alert regarding a WhatsApp group known as 'Add Everyone.' Find out more here:

<https://ineqe.com/2024/10/31/safeguarding-alert-add-everyone-whatsapp-group/>





## **This Week's Year Group News**

### **EYFS**

**Squirrels** - We have been continuing to be creative with our Christmas crafts this week and the children have been using their independent skills with getting their own aprons and trying to wash their hands. It has been nice to see the children dressed up in some festive clothing too. We have continued to sing songs and rhymes at carpet time and the children have been doing so well. A big thank you to all the parents who attended the Christmas Stay & Play. The children really enjoyed you coming to play with them and a massive thank you for all the positive feedback you gave us! A favourite this week has been the 'pirate's world!' The children have loved playing with the small world ships and pirate accessories and even pretended to be pirates! Ahoy! The language skills being used have been lovely to see. **Next week we will be having a small Christmas party on Wednesday in both mornings and afternoon sessions so if the children want to dress in some festive Christmas clothes they are more than welcome.**

**Just a polite reminder to bring back any funding forms to the Infant Office for checking.**

**Foxes** - What a lovely week in Foxes! In Literacy, we have learned about prepositions through our story, 'I'm Going to Eat an Ant'. The children loved hiding the Ant from the Anteater and describing the position; 'he is under/in/next to the basket' etc! The children have also enjoyed making some Christmas crafts this week. In Maths, we have played with shapes and learned to name and describe them. We are working really hard at the moment in Foxes on our independent skills and the children have been proud to show us how they put their coats on by themselves! Some of the children are even zipping their coats up without help! Well done Foxes! Perhaps you can support their growing skills at home by encouraging your child to put their coat and hat on independently? foxes@woodlands.cheshire.sch.uk

**Just a polite reminder to bring back any funding forms to the Infant Office for checking.**

**Badgers & Owls** - We have had a super week in Owls and Badgers and after our two trips to Bethlehem are certainly starting to feel festive! A huge thank you to all who attended our Nativity performances and our Stay & Play session. It has been wonderful to share all of the children's hard work with you all. This week we have also been going on secret COJO missions! We have been helping our friend 'Incy Wincy Spider', solve problems and we have been demonstrating resilience just like the character 'Romeo Resilience'. We have been working as a team to tackle an obstacle course, design a waterproof coat and help 'Incy Wincy' get to the bottom of the water spout. We are looking forward to a lovely Christmassy week together before we break up. Don't forget school finishes at 2pm on Friday 20th!

**Acorns** - This week, Acorns have enjoyed making more Christmas crafts - we can't wait to show our families what we have been making next week. We had a great time celebrating Christmas jumper day and we did lots of running in our outside play area for our Festive Fun Run - well done Acorns! We have enjoyed listening to our caterpillar counting song and we have had some amazing 'WOW' moments to celebrate this week.

As always, thank you for your continued support.

The EYFS Team

### **KS1**

**Year 1 - 1AA & 1LW** Another fabulous week in Year 1! This week we have been super busy completing our end of term assessments and the children have all worked incredibly hard. We have designed our own Christmas Jumpers, learnt about landmarks in the countries that make up the United Kingdom and measured the amount of rainfall over the week. On Thursday, we did our festive fun for the Hospice of the Good Shepherd, thank you ever so much for all of your sponsorship money! On Friday we designed and made clay owls. We spent time practising the skills of rolling, twisting, moulding and carving before designing and using the clay to mould and shape our very own owls. Afterwards we evaluated our work and thought about what went well and what we need to improve on next time. Have a wonderful weekend.- In **1KS** this week, we have enjoyed lots of sensory time inside with our water tray - complete with festive glitter! We have spent time playing a Christmassy game of matching Christmas themed images and we've had even more glitter out to decorate our Christmas calendars. We have enjoyed playing with the counting cars, doing puzzles and dressing up. We also had another superb afternoon with the soft play equipment in PE.

Continued overleaf.....



## **This Week's Year Group News**

### **KS1 Continued.....**

Year 2 - This week, in English, we have completed our work on 'The Owl Who Was Afraid of the Dark' by Jill Tomlinson. The children have written non-chronological reports about Owls and used 'but' and 'or' to join sentences. As part of our English work, the children have also been learning to spell words with the split diagraph 'o-e'. During our shared reading sessions, the children have been learning about the features of a non-fiction text and learning about different habitats. This week, they have been finding out about life on clifftops and what type of animals live on them. In Maths, we have continued learning about adding and subtracting two 2-digit numbers and solving mathematical problems. As part of our Science work, the children have been learning about food chains and in Geography they have continued to learn about the different Oceans using an atlas to locate them.

Thank you for your continued support

The KS1 Team

### **KS2**

**Year 3 & 4** - This week, we want to say a massive well done to all the children for their fabulous performances in the Christmas concerts and for enthusiastically taking part in the Festive Fun Run! It was heart warming to see everyone dressed in festive attire, singing along to their favourite Christmas songs. A big thank you goes to Hope Farm Church and the Woodlands PTA for their support and contributions to these events. In English, we have been working on our end-of-unit Writeaways for 'Leon and the Place Between'. The children have impressed us with their beautiful diary entries, showcasing their creativity and hitting their mastery targets. In Maths, we wrapped up our end-of-unit assessments. Well done to all the children for their effort and determination! Year 3 has also revisited their 2, 5 and 10 times tables to build confidence and fluency.

**If you are available to help at Astbury Lodge on Thursday, 19th December, please email your child's class teacher to let them know.**

**Own Clothes Day will take place on Friday, 20th December.**

Thank you for your continued support and we look forward to more festive fun next week!

Many thanks

The LKS2 Team

**Year 5 & 6** - It has been a fun and festive week in UKS2! We would like to start by saying how much of a fabulous time we had taking part in the Festive Fun Run this week. The children all looked fantastic and sang along as they ran. Santa even appeared whilst we were taking part! Well done to all those who raised money for the Hospice of the Good Shepherd. Year 5 had a fantastic session with Cheshire Phoenix called 'Hoops for Health' this week. The children took part in a variety activities about healthy food groups and the dangers of smoking, in addition to an active basketball lesson. We were incredibly impressed with the children's behaviour and engagement in the sessions - well done, Y5!. As well as all the fun, Year 5 and Year 6 have been busy finishing Maths assessments for assessment week and both year groups have worked hard on their statistics units in Maths lessons too. In English, Y5 and Y6 have been busy planning and writing a series of short diary entries from the point of view of 'Annie Edson Taylor' about key events in her life.

**Next week, we have our Christmas events in the junior hall after school.**

**- Monday 16th December - Y5 Christmas Quiz (3:30pm - 4:50pm)**

**- Tuesday 17th December- Y6 Christmas Bingo (3:30pm - 4:50pm)**

Thank you for your continued support

UKS2 Team

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## **Whole School Attendance 94.48%**

### **Reporting Children's Absence**

School must be informed of children's absence on the first day by ringing 0151 329 3164 and pressing 1 to leave a message. This must be done before 9am. Please ensure you provide the child's name, class and reason for absence.

If your child is absent due to sickness or diarrhoea, they will be unable to return to school for 48hrs after their last episode. This is in line with the Public Health Agency Guidance to reduce the risk of the illness spreading. Any absence not explained is registered as unauthorised.

### **Appointments**

Parents and carers should make every effort to book routine dental and GP appointments outside of school hours. Where this is not possible, children should only be absent for the time needed for the appointment and travel to and from.

For any prebooked medical appointments copies of appointment letters can be emailed to [n.brown@woodlands.cheshire.sch.uk](mailto:n.brown@woodlands.cheshire.sch.uk) in advance so that a note can be added to the register. The school will work with all families on an individual basis if medical absences exceed the maximum threshold.

### **Holidays During Term Time**

Can we politely request that parents inform school of any upcoming holidays, regardless of length, via the Exceptional Leave of Absence forms which can be collected from the school office. These forms should be completed and handed to school 4 working weeks in advance of the first day of absence.

We aim to reply to you within 10 working days of your application.

## **Dates – Week Beginning 16 December 2024**

### **Lunches Week 3**

<b>Mon 16 Dec</b>	After school club – Y3-Y5 Young Voices – Cancelled this week
<b>Mon 16 Dec</b>	Y5 Christmas Quiz 3.30pm to 4.50pm in Junior Hall - Parents Invited
<b>Tue 17 Dec</b>	Y6 Christmas Bingo 3.30pm to 4.50pm in Junior Hall - Parents Invited
<b>Wed 18 Dec</b>	Squirrels and Foxes Christmas Party - own clothes
<b>Wed 18 Dec</b>	Whole School Christmas Lunch
<b>Wed 18 Dec</b>	Acorns - Christmas Stay and Play 2.30pm-3.15pm - Parents Invited
<b>Wed 18 Dec</b>	Guitar Performance - Junior Hall (Create Music) 2.45pm-3.15pm– Parents Invited
<b>Wed 18 Dec</b>	After-school club KS2 Create Music Guitar Lessons 3.20-4.20pm, pick-up Junior playground (book direct at <a href="mailto:admin@wecreatemusic.co.uk">admin@wecreatemusic.co.uk</a> )
<b>Thu 19 Dec</b>	Acorns Christmas Party - own clothes
<b>Thu 19 Dec</b>	Y1-6 Christmas Songs at Astbury Lodge 1.45pm-3pm – remember warm coats, gloves & hats/Christmas hats
<b>Thu 19 Dec</b>	1KS Christmas Stay, Play and Sing-a-long 2.30pm-3.15pm- Parents Invited
<b>Thu 19 Dec</b>	Sweet Sale (book fundraiser) 3.20pm-3.45pm Junior Playground
<b>Fri 20 Dec</b>	1KS Christmas Party - own clothes
<b>Fri 20 Dec</b>	Whole School Own Clothes - In class Christmas celebrations
<b>Fri 20 Dec</b>	2pm school closes to children
<b>Mon 6 Jan</b>	School Opens at 8.45am Doors open to children!!



## Stranger Danger

Dear Parents & Carers,  
We just wanted to send out a timely reminder regarding Stranger Danger. With so many children walking home unaccompanied and with the Christmas holidays approaching, please visit the NSPCC website for handy hints on how to keep children safe when away from home.

<https://www.nspcc.org.uk/keeping-children-safe/away-from-home/>

## Vacancy - Admin Assistant

We are excited to advise that a vacancy has come up to join our Administration Team. This would be for 35hrs per week, 38wks per year. For full details and to complete an application form, please visit:

[CWACjobvacancies](http://CWACjobvacancies)



## STANLAW ABBEY TOY APPEAL

Well what can we say.....

The generosity for the Toy Appeal has been overwhelming to say the least. Thank you to all staff, Parents & Carers who donated this year. With your help, a lot of children's Christmas's are sure to be merry and bright this year.

A special thank you also goes out to an ex Woodlands parent and their employer, Ardagh. As a result of their suggestion, the company selected the Toy Appeal as their chosen Charity and dropped the gifts off at Woodlands.

**THANK YOU!!!!**





Dear Parents & Carers,

Please find below an enterprising offer from a Woodlands Ex Pupil who is hoping to raise money for a trip to Kenya with Camps International. Please consider recycling your Christmas Tree through Luke to aid his fundraising efforts.

Thank you

**Christmas Tree  
Collection &  
Recycling  
Fundraiser**

**Collection Dates Jan 2025:  
4<sup>th</sup>, 5<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup>**

**£ 7.50 per tree**

**Local Fundraiser  
Organised by  
Luke Collinge, Year 10  
Whitby High School**

Hi, my name is Luke and I'm fundraising for a social enterprise called Camps International where I will take part in a 30 day trip to Kenya.

I need to raise over £4000 and am organising several fundraising events for the trip, including recycling Christmas trees, with the help of my beloved family.

Cost is £7.50 per tree, and pick up dates are 4<sup>th</sup>, 5<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> of January 2025. All trees will be recycled and disposed of correctly.

Please contact me below, to arrange collection and payment options. Pay direct via the QR code to my GoFundMe, and email me to organise collection and alternative payment methods.

Email: [lukecollinge100@outlook.com](mailto:lukecollinge100@outlook.com)  
GoFundMe QR Code to the bottom left (please include name when paying and also email me)





Cheshire West & Chester Council

## The Autism Service

### Transition to High School Online Event (Via Microsoft Teams)

**Date: 11.2.25 Time: 10am–2pm**

**We are inviting all parents, carers and professionals supporting children in years 4, 5 and 6 to attend.**

#### What's happening?

There will be opportunities to attend workshops via Microsoft Teams and these will be delivered by The Autism Service Teachers. Workshops will include:

- Supporting organisation and independence
- Developing strategies to address emotional well-being
- Supporting the communication needs of the young person

There will also be information provided by High school and Primary school SENCOs focusing on effective joint parent/school working. There will be regular breaks throughout the day.

Following the event you will receive a copy of The Autism Service Transition to High School Pack, and this will be a useful tool to use with the child you are supporting.

To apply please click on the link below OR scan the QR code to complete the short application form.

<https://www.smartsurvey.co.uk/s/tranhigh1102/>



Please note that the closing date for applications will be Tuesday 4<sup>th</sup> February You will receive your link and any visual pre course information by Friday 7<sup>th</sup> February 2025.





# CBT GROUP INTERVENTIONS FOR PARENTS OF ANXIOUS CHILDREN

WINTER 2024 / SPRING 2025  
GROUPS

**FREE NHS**  
group  
interventions  
for parents.

## *Fear-Less*

For parents/carers of school aged children 6 to 14 years with moderate anxiety issues. Fear Less is an evidence based intervention delivered over 6 weeks and includes understanding about anxiety, learning to encourage your child's coping skills to manage their anxiety; building on problems solving skills and gaining confidence as a parent supporting your child



**How?**  
Online group  
2 x hrs a week for  
6 weeks

**When?**  
08/01/25 15/01/25 22/01/25  
29/01/25 05/02/25 12/02/25  
**Wednesday 10.00 - 12.00**

To join a group parents/carers **MUST** attend one of the registration sessions - please use the QR code or link to book on:  
<https://forms.office.com/e/nW1TUcZQsb>



Watch our short video to hear a parent share their experience of attending a parent group

<https://youtu.be/ln5CfFF1a6g>

Support,  
Friendly  
non-  
judgemental





# CBT GROUP INTERVENTIONS FOR PARENTS OF ANXIOUS CHILDREN

**FREE NHS**  
group  
interventions  
for parents.

WINTER 2024 / SPRING 2025  
GROUPS

## *From Timid to Tiger*

For parents/carers of primary school aged children 5 to 11 years with mild to moderate anxiety and anxiety related behavioural difficulties. An evidence based intervention delivered over 9 weeks and includes understanding the science behind anxiety, safely exposing your child to their anxious situations, and how to support your child in gaining confidence and skills.



### Option 1

#### How?

Online Group  
2 x hrs a week for  
9 weeks

#### When?

07/01/25	14/01/25	21/01/25
28/01/25	04/02/25	11/02/25
25/02/25	04/03/25	11/03/25

Tuesday 10.00am - 12.00 noon



### Option 2

#### How?

Face to face group  
2 x hrs a week for  
9 weeks

#### Where?

Victoria Road Children's  
Centre, Neumann Street,  
Northwich  
CW9 5UT

#### When?

09/01/25	16/01/25	23/01/25
30/01/25	06/02/25	13/02/25
27/02/25	06/03/25	13/03/25

Thursday 10.00am - 12.00 noon

Support,  
Friendly  
non-  
judgemental

To join a group parents/carers **MUST** attend one of the registration sessions - please use the QR code or link to book on:

<https://forms.office.com/e/nW1TUcZQsb>



# Guided Self-Help for Better Behaviour Group

The Mental Health Support Team (MHST) in Ellesmere Port is pleased to offer this 7 week evidence based intervention group for parents & carers who want to encourage better behaviour at home.



**Kingsley Resource Centre**  
Coronation Road,  
Ellesmere Port  
CH65 9AA

**9.30am -  
11.30am**

**Session 1 Goals and Play/Special Time - Tuesday 5th November**  
Enhancing the relationship with children through play

**Session 2 Praise and Rewards - Tuesday 12th November**  
Promoting positive behaviours and routines with praise and rewards

**Session 3 Selective Ignoring - Tuesday 19th November**  
Reducing undesirable behaviour through selective ignoring

**Session 4 Effective Instructions - Tuesday 26th November**  
Increasing compliance with clear calm commands

**Session 5 Consequences - Monday 2nd December**  
Promoting boundaries with consequences

**Session 6 Time Out and Family Rules - Tuesday 10th December**  
Creating clear expectations with family rules and time out to calm down

**Session 7 Ending and Trouble Shooting - Tuesday 17th December**

Please note you must book a triage appointment with us before starting the group. These will be held on Tuesday 29th and Wednesday 30th October. Please email [cwp.cheshiremhstadmin@nhs.net](mailto:cwp.cheshiremhstadmin@nhs.net) to book an appointment