

Respect and Wellbeing Projects

As you may be aware, there have been protests following death of a black American man named George Floyd. This week's projects contains activities based on the importance of life and how we treat others.

Task 1

Create a picture which shows unity of all different races. It could be a drawing, painting of even a 3D model.

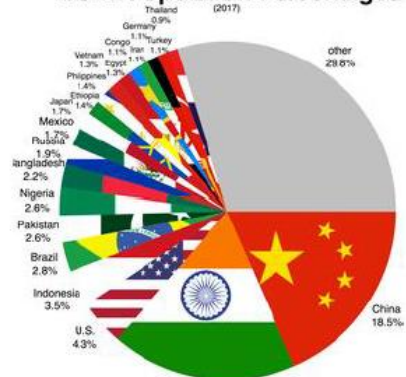


Task 2

Create a fact file about our world. You could include the world's population, how many religions there are, information about different races or ethnicities etc. You could complete this task as a PowerPoint or a poster (either on paper or on Word).



World Population Percentages



Task 3

Write a poem about the importance of treating everybody with respect, regardless of their age, gender, culture, beliefs or ethnicity.

**TREAT PEOPLE
THE WAY YOU WANT
TO BE TREATED.
TALK TO PEOPLE
THE WAY YOU WANT
TO BE TALKED TO.
RESPECT IS EARNED,
NOT GIVEN.**
~ UNKNOWN

R IS FOR RESPECTING OTHER PEOPLE'S OPINIONS AND BEING RESPONSIBLE. RESPONSIBILITY IS IMPORTANT AS IT SHOWS THAT YOU RESPECT THE TIME AND EFFORT OF OTHERS.

E IS FOR EFFORT! ALWAYS GIVE 100% AND RESPECT THE EFFORT OTHER PEOPLE PUT INTO A TASK.

S IS FOR SELF-RESPECT AND LOVING YOURSELF NO MATTER WHAT. IT IS VERY IMPORTANT TO EMBRACE YOUR FLAWS AND LOVE YOURSELF EACH AND EVERY DAY.

P IS FOR POSITIVITY, POLITENESS AND PAYING ATTENTION WHEN SOMEONE IS TALKING. ALWAYS GIVE YOUR FULL ATTENTION TO OTHERS, JUST LIKE YOU WANT FROM THEM.

E IS FOR EVERYONE BEING INVOLVED AND HAVING THEIR VOICES HEARD. INCLUSIVITY IS A GREAT WAY TO SHOW RESPECT.

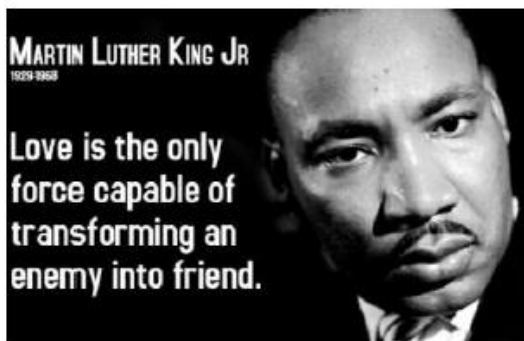
C IS FOR CARING FOR OTHERS AND LISTENING TO THEIR OPINION. CARE ABOUT WHAT OTHER PEOPLE HAVE TO SAY AND RESPECT THEIR POINT OF VIEW.

T IS FOR TREATING OTHERS THE WAY YOU WANT TO BE TREATED. THIS IS THE GOLDEN RULE AND BY FAR THE MOST IMPORTANT ASPECT OF RESPECT!

Outside everyone is different
Inside we're just the same
Everyone has feelings
How many can you name?
The way that you treat others
Is the way that they'll treat you.
So respect each other's differences
And they'll respect yours, too.

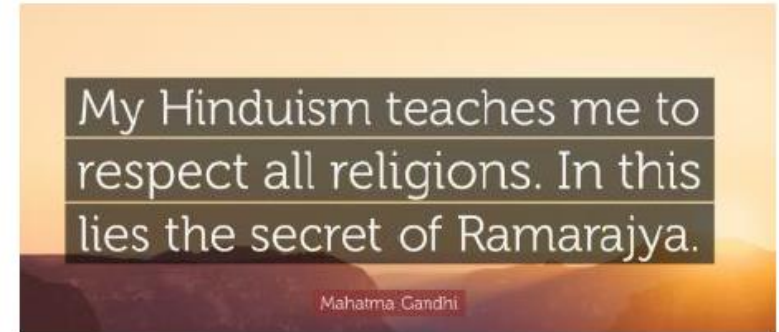
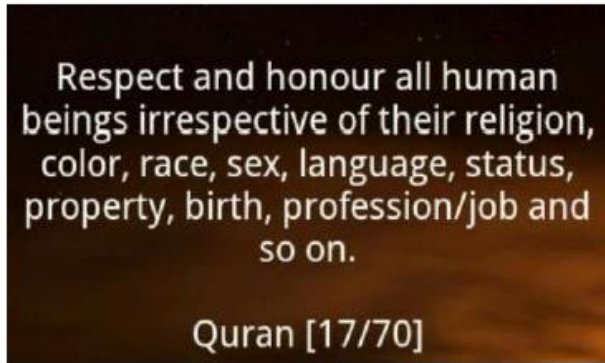
Task 4

Write about someone who is an inspiration to you. It could be someone you know, a famous figure, a friend etc.



Task 5

Find out what different religions say about how to treat others.



Task 6

Do some good deeds for other people e.g. do the washing up, make dinner, smile, help your siblings etc.



We can help control the virus if we all **STAY ALERT**

- Stay at home as much as possible
- Work from home if you can
- Limit contact with other people
- Keep your distance if you go out (2 metres apart where possible)
- Wash your hands regularly

And if you or anyone in your household has symptoms, you all need to self-isolate.

STAY ALERT • CONTROL THE VIRUS • SAVE LIVES