SMSC Planning Overview

CYCLE B

- Commando Joe's - No Outsiders - e-Aware (Year 1-6 only) - Sex and Relationships Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	**Romeo Resilience**	**Charlie Communication Elliot Excellence**	**Parveen Positiivty**	**Tanisha Teamwork**	**Sophie Self-Awarness**	**Eddie Empathy**
EYFS (Nursery and Reception missions are different, but the aims are the same)	**Incy Wincy Spider** We will teach children: - To understand the need to be patient at times - To know when to ask for help and when to persevere - To know that sometimes we need to practice really hard to become good at something	**Twinkle Twinkle Little Star** We will teach children: - To recognise the importance of making positive choices To know that everyone can be successful and that we are all good at different things **Three Blind Mice** We will teach children: - To give and share ideas, listening to others and their ideas - To talk and share information in a clear way To give instructions, directions and be able to follow them	**Humpty Dumpty** We will teach children: - To talk and share information with their team in a clear way - To take turns - To be kind and share time with others To think of solutions to problems	**Row, Row, Row Your Boat CoJos** We will teach children: - To take turns - To work as part of a team to get to a common goal - To take steps to resolve conflict - To value each other's views and know that everyone's views count (including their own)	**If You're Happy and You Know It** We will teach children: - To know their own feelings and be able to self-regulate - To adjust behaviours according to the situation - To know that their behaviour may affect others	**Jack and Jill** We will teach children: - To show sensitivity to the needs of others - To know how their own actions may affect others - To respect others' opinions and differences

You Choose	Red Rockets and Rainbow Jelly	Blue Chameleon : The Family Book Relationships
You Choose **Relationships Education: Caring friendships (2a,2c)** **Health Education: Mental wellbeing (6b,6c,6g)**	**Red Rockets and Rainbow Jelly** Relationships Education: Caring friendships (2d) Health Education: Mental wellbeing (6b,6c)	**Blue Chameleon : The Family Book Relationships** Education: Families and people who care for me (1a), Caring friendships (2a), Respectful relationships (3a) **Mommy, Mama and Me (Refuge Unit Summer 2.2)**
Caring Friendships - To recognise the importance of friendship - Know that friendships can make us feel happy Know some ways that we can make new friends feel welcome	**Being Kind** - To recognise the importance of saying sorry and forgiveness - Know that arguing with friends and then making up can make friendships stronger - That resorting to violence is never right	**Families** - To recognise that all families are different - Identify different members of the family - Understand how members of a family can help each other

Year 1					
Samuel Pepys We will teach children: - To know when to ask for help and how to get help without asking an adult (self-help) - That sometimes we need to keep trying to be successful and this is okay How to follow rules and why this is important		**Lion and Me** We will teach children: - To learn what qualities make a good friend - How to help our friends - The importance of good manners - To begin to self-regulate any negative behaviours		**Traditional Tale** We will teach children: - To talk and share information with their team mates in a clear way - To work as a group to achieve a shared outcome - To take turns - To be creative	
Elmer - To like the way I am - To know the ways I am different and make my class feel welcoming	**Ten Little Pirates**	**My Grandpa is Amazing** - To recognise that people are different ages	**Max the Champion** - To understand that our bodies work in different ways	**My World, Your World** - To understand that we share the world with lots of people	
Digital Footprints - Start to understand what is meant by a 'digital footprint' - Understand that everything they do online creates a	**Friends** - Explain that technology can be used to communicate and connect with others.	**Passwords** - Start to recognise different symbols seen online, e.g. padlock to represent a password	**Positive Communication** - Understand that we should treat people with respect both online and in real life - Understand that our online actions have consequences.	**Private Information** - Start to recognise what personal information should be kept private. - Understand that we should not share any	**Time Online** - Start to understand how spending too much time online can be detrimental to your health - Understand that it's important to have a

digital footprint which is permanent - Recap and explore what is appropriate to do and put online	- Recognise who should be part of our online community. - Understand how to keep ourselves safe when communicating online.	- Identify the steps that can be taken to keep personal information secure - Start to understand what makes a good or a bad password	- Know what to do if someone is being unkind online.	private information online.	healthy balance in life - Start to understand concept of time and how much to spend online

Different Friends
- To understand that we are all different but can still be friends
- Know that we can be friends with people who are different to us

Growing and Changing
- To discuss how children grow and change
- Understand that babies need care and support
- Know that older children can do more by themselves

Families and Care
- To explore different types of families and who to ask for help
- To identify who can help when families make us feel unhappy or unsafe
- Know there are different types of families
- Know which people we can ask for help

Year 2

Samuel Pepys
We will teach children:
- To know when to ask for help and how to get help without asking an adult (self-help)
- That sometimes we need to keep trying to be successful and this is okay
- How to follow rules and why this is important

Lion and Me
We will teach children:
- To learn what qualities make a good friend

- How to help our friends

- The importance of good manners

- To begin to self-regulate any negative behaviours

Traditional Tale
We will teach children:
- To talk and share information with their team mates in a clear way
- To work as a group to achieve a shared outcome
- To take turns
- To be creative

The Great Big Book of Families
- To understand what diversity is

The First Slodge
- To understand how we share the world

The Odd Egg
- To understand what makes someone feel proud

Just Because
- To feel proud of being different

Blown Away
To be able to work with everyone in my class

Digital Footprints	Friends	Passwords	Positive Communication	Private Information	Time Online
- Start to understand what is meant by a 'digital footprint' - Understand that everything they do online creates a digital footprint which is permanent - Recap and explore what is appropriate to do and put online	- Explain that technology can be used to communicate and connect with others. - Recognise who should be part of our online community. - Understand how to keep ourselves safe when communicating online.	- Start to recognise different symbols seen online, e.g. padlock to represent a password - Identify the steps that can be taken to keep personal information secure - Start to understand what makes a good or a bad password	- Understand that we should treat people with respect both online and in real life - Understand that our online actions have consequences. - Know what to do if someone is being unkind online.	- Start to recognise what personal information should be kept private. - Understand that we should not share any private information online.	- Start to understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Start to understand concept of time and how much to spend online

Differences	Male and Female Animals	Naming Body Parts
- To introduce the concept of gender stereotypes - To identify differences between males and females - Understand that some people have fixed ideas about what boys and girls can do - Describe the difference between male and female babies	- To explore some of the differences between males and females and to understand how this is part of the lifecycle - Describe some differences between male and female animals - Understand that making a new life needs a male and a female	- To focus on sexual difference and name body parts - Describe the physical differences between males and females - Name the different body parts

Year 3	Ed Stafford – Walking the Amazon	Ernest Shackleton – Endurance	Nelly Bly – Around the World in 72 Days
	We will teach children: - The importance of having rules - The qualities of a good friend - The importance of trust and respect - How to care for the environment	We will teach children: - How to be patient - How to compete in tasks against others - To have the will to succeed - To use self-discipline and control - How to make an honest choice	We will teach children: - How to care for themselves - How behaviour impact upon how others see us - To be able to make visitors feel welcome - To identify ways to spot a fake rumour

- The importance of teamwork and taking a team member role		
Oliver - To understand how difference can affect someone - To know everyone in our class is different and that differences can make someone feel excluded	**This is Our House** - To understand what 'discrimination' means To know why someone might feel like an outsider -	**Two Monsters** - To find a solution to a problem - To understand where problems come from **The Hueys in the New Jumper** - To use strategies to help someone who feels different To know why it is hard to be different **Beegu (Refugees Summer 2.2)** - To be welcoming - To know that your behaviour can make someone feel like an outsider

Cyber Bullying - Identify the meaning of the word 'cyberbullying' - Identify the online dangers and understand ways we can stay safe online - Identify cyberbullying and understand its' consequences - Promote active and open discussions to promote an openness to talk about cyberbullying	**Friends** - Understand the difference between real-life friends and online only friends - Understand what sort of information we should share with online only friends - Understand how to keep ourselves safe when communicating online	**Passwords** - Identify the steps that can be taken to keep personal information secure - Understand what makes a good or a bad password - Recognise what could happen if someone else found out our password	**Photos** - Understand that when a photo is uploaded to the internet, it is there forever - Understand that you should ask a persons' permission before uploading a picture of them - Recognise that sometimes pictures on the internet have been edited	**Things are not always as they seem** - Understand that what we see online is not always what we think it is - Understand that it is easy for people to lie online - Understand that it is possible to be tricked into doing things online	**Time Online** - Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Understand how to spread our time between activities effectively
-				**Body Differences** - To identify that people are unique and to respect those differences	

			- To explore the differences between male and female bodies - Know and respect the body differences between ourselves and - others - Name male and female body parts using agreed words **Personal Space** - To consider appropriate and inappropriate physical contact and consent - Understand that each person's body belongs to them - Understand personal space and unwanted touch **Help and Support** - To explore different types of families and who to go to for help and support - Understand that all families are different and have different family members - Identify who to go to for help and support

Year 4	**Gorilla in the Mist - Kira Salak** We will teach children: - To use appropriate language to express themselves - To recognise the importance of flexibility within friendships - To be patient and think before acting - The importance of appreciating other people To recognise the need to reduce waste	**Spartacus – Romans Revolt** We will teach children: - The effect of pollution on the environment and the body - About the implications of peer pressure - To be kind and share time with others - About rules and the reasons for them - About caring for others with respect	**Bear Grylls – Survival** We will teach children: - To give attention to someone who needs help - To know how to look after themselves and their environment - The importance of praise - How to work together towards a shared goal - To see the purpose of rules and the responsibility of keeping to them

Dogs Don't Do Ballet Changing adolescent body (8a) Key Stage 2 Science - describe the life process of reproduction in some plants and animals	**King and King** - To understand why people get married To know what marriage is and to know who can get married in the UK Health Education: Mental wellbeing (6a,6b,6c,6d,6f) Changing adolescent body (8a, 8b), Menstruation (9a) Key Stage 2 Science - describe the life process of reproduction in some plants and animals -describe the changes as humans develop to old age -		**The Way Back Home** - To overcome language as a barrier To know that people speak different languages **The Flower** - To ask questions - To know that we all have choices To know why it's good to learn about new and different things **Red: A Crayon's Story (Refugees)** - To be who you want to be To know why people sometimes don't speak up Relationships Education: Caring friendships (2b,2c, 2d,2e), Respectful relationships, (3a,3b,3d,3e,3f,3h), Online relationships (4b,4d).

| **Cyber Bullying**
- Identify the meaning of the word 'cyberbullying'
- Identify the online dangers and understand ways we can stay safe online
- Identify cyberbullying and understand its' consequences
- Promote active and open discussions to promote an openness to talk about cyberbullying | **Friends**
- Understand the difference between real-life friends and online only friends
- Understand what sort of information we should share with online only friends
- Understand how to keep ourselves safe when communicating online | **Passwords**
- Identify the steps that can be taken to keep personal information secure
- Understand what makes a good or a bad password
- Recognise what could happen if someone else found out our password | **Photos**
- Understand that when a photo is uploaded to the internet, it is there forever
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- Recognise that sometimes pictures on the internet have been edited | **Things are not always as they seem**
- Understand that what we see online is not always what we think it is
- Understand that it is easy for people to lie online
- Understand that it is possible to be tricked into doing things online | **Time Online**
- Understand how spending too much time online can be detrimental to your health
- Understand that it's important to have a healthy balance in life
- Understand how to spread our time between activities effectively |
| | | | | | **Changes**
- To explore the human lifecycle
- To identify some basic facts about puberty |

- Understand that puberty is an important stage in the human lifecycle
  - Know some changes that happen during puberty

What is Puberty?
- To explore how puberty is linked to reproduction
- Know about the physical and emotional changes that happen in puberty
-Understand that children change into adults to be able to reproduce if they choose to

Healthy Relationships
- To explore respect in a range of relationships
- To discuss the characteristics of healthy relationships
- Know that respect is important in all relationships including online
- Explain how friendships can make people feel unhappy or uncomfortable.

| Year 5 | **Ranulph Fiennes – Transglobe Adventure**
We will teach children:
- About doing their best
- To look after themselves (what they eat and personal hygiene)
- The importance of being helpful
- That actions have different benefits
- To try different things even though they may lack the confidence to do them | **Voyage of Discovery - Leif Erikson**
We will teach children:
- To consider the needs and feelings of others
- About treating others as they would want to be treated
- To be self-controlled even when under pressure
- To accept apologies and not hold grudges
That honesty is the best policy | **Tim Peake – Blast Off!**
We will teach children:
- To understand there are two sides to a story
- Strategies to 'see' the truth and be honest
- How to forgive and be sorry
- To think in order to solve problems
- To be respectful and show courtesy to others | |
| | **Where The Poppies Now Grow**
- To learn from our past
- To know why people fight in wars
- To know that Britain fought in two World Wars | **Rose Blanche**
-To justify my actions
-To know that sometimes we have to make difficult decisions | **How to Heal a Broken Wing**
- To recognise when someone needs help | **And Tango Makes Three (Refugee Unit)**
- To accept people who are different from me |

- To know why we remember those who died in the two World Wars Health Education: Mental wellbeing (6c, 6d,6f,) Changing adolescent body (8a,8b), Menstruation (9a)	Health Education: Changing adolescent body (8a,8b), Menstruation (9a)		- To know that people have different life experiences To empathise with others **The Artist Who Painted a Blue House** - To appreciate artistic freedom -To know that art can demonstrate freedom Health Education: Mental wellbeing (6a,6b,6c, 6d,6e, 6f,), Changing adolescent body, (8a,8b), Menstruation (9a) Additional lesson in Respect	- To know that there ae different people living in my community and accept everyone who is different from me

Cyber Bullying	Gaming	Naked Images	Passwords	Privacy Settings	Time Online
- Identify cyberbullying and understand its' consequences Promote active and open discussions to promote an openness to talk about cyberbullying Understand the importance of being an 'Upstander', not a 'Bystander'	- Understand the importance playing games which are age appropriate - Understand the risks involved with in-App and gaming purchases - Understand that people we meet online might not always be who they say they are	- Understand the laws relating to sending naked pictures - Understand what to do if they are feeling pressured into sending a naked picture - Understand the dangers and consequences of sending a naked picture	- Understand the importance of keeping passwords safe - Understand the importance of creating strong passwords - Understand the consequences of sharing a password or leaving it lying around	- Understand the importance of keeping private information safe - Understand what social media and why it is used - Understand how to ensure we keep our information safe using privacy settings	- Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Debate the pros and cons of spending time in front of a screen
-		-		**Talking about Puberty** - To explore the emotional and physical changes occurring in puberty - Explain the main physical and emotional changes that happen during puberty - Ask questions about puberty with confidence	

The Reproduction System
- To understand male and female puberty changes in more detail
- Understand how puberty affects the reproductive organs
  Describe what happens during menstruation and sperm production

Puberty Health and Support
- To explore the impact of puberty on the body and the importance of physical hygiene
- To explore ways to get support during puberty
- Explain how to keep clean during puberty
- Explain how emotions/relationships change during puberty
- Know how to get help and support during puberty

Year 6	**Nancy Wake – The White Mouse** We will teach children: - The qualities/values of a good friendship - How to show determination and complete challenges - The importance of self-discipline when under pressure - How to support raising funds for charity	**Ibn Battuta – Eastern Odyssey** We will teach children: - The importance of doing their best - The difference between just and unjust situations - The difference between discrimination and discriminatory behaviour To try to do something even when difficult	**Amelia Earhart – Final Flight** We will teach children: - The importance of being patient - The difference between human rights and needs - How to make people feel respected and valued - About not holding grudges	

My Princess Boy
- To promote diversity
- To know what diversity is
- To know that other people may be different from me
  To understand that living in the UK means accepting and celebrating diversity

Health Education: Mental wellbeing(6c,6d,6f,6g, 6i,6j), Changing Adolescent body (8a,8b).

The Island

The Whisperer
- To stand up to discrimination
- To understand the reasons why some people may choose to hide their identity
- To understand how people are labelled by rumours and assumptions
To identify ways to stand up to prejudice and challenge rumours

Relationships Education: Families and people who care for us (1a,1b,1d,1f), Caring friendships (2a,2b,

Love You Forever
- To consider how my life may change as I grow up
- To know that we all grow old
To understand the cycle of life

Relationships Education:
Online relationships (4a,4b, 4c,4d,4e), Being

Dreams of Freedom
- To recognise my freedom
- To know I have rights and that I can decide how I live my life when I grow up

- To know I can be what and who I want to be

2c), Respectful relationships 3b,3d,3h), Being safe (5a,5b,5c,5d,5e).				safe (5a,5b,5d,5e,5g,5h), Mental wellbeing (6h,6i) Additional lesson in FGM	

Cyber Bullying	Gaming	Naked Images	Passwords	Privacy Settings	Time Online
- Identify cyberbullying and understand its' consequences Promote active and open discussions to promote an openness to talk about cyberbullying Understand the importance of being an 'Upstander', not a 'Bystander'	- Understand the importance playing games which are age appropriate - Understand the risks involved with in-App and gaming purchases - Understand that people we meet online might not always be who they say they are	- Understand the laws relating to sending naked pictures - Understand what to do if they are feeling pressured into sending a naked picture - Understand the dangers and consequences of sending a naked picture	- Understand the importance of keeping passwords safe - Understand the importance of creating strong passwords - Understand the consequences of sharing a password or leaving it lying around	- Understand the importance of keeping private information safe - Understand what social media and why it is used - Understand how to ensure we keep our information safe using privacy settings	- Understand how spending too much time online can be detrimental to your health - Understand that it's important to have a healthy balance in life - Debate the pros and cons of spending time in front of a screen

-		-	**Puberty and Reproduction** - To consider puberty and reproduction - Describe how and why the body changes during - puberty in preparation for reproduction Talk about puberty and reproduction with confidence **Communication and Relationships** - Exploring the importance of communication and respect in relationships - Explain differences between healthy and unhealthy relationships Know that communication and permission seeking are important **Families, Conception and Pregnancy** - To consider different ways people might start a family

| | | | - Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy |